

North Scarle PE CPD Focus Points

| Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
|--------------|--------------------|----------------------|------------------|----------------------|----------------------|
| Lesson Setup | Intensity Boosters | Active Learning Time | Explain and Show | Differentiation STEP | Peer 2 Peer Learning |

As part of our desire to deliver outstanding PE, all staff will have a specific focus for each half term. Our target is to implement the above focus points into our own PE lessons. This will allow for our delivery to be consistent across the school and will provide us with a clear CPD pathway. Our target is to make all of these focuses and teaching techniques permanent parts of our practice. Please read the brief information below, to gain further understanding. Support will also be provided by Premier Education.

Lesson Setup: Consisting of a safety area and equipment zone.

Intensity Boosters: 2-3 separate intensity boosters to spike heart rates and increase overall intensity of lesson.

Differentiation: Use of STEP principle to allow for appropriate challenge for all pupils.

Active Learning Time: Tactics to increase active learning time for all pupils.

Explain and Show: Develop understanding by verbal and visual explanations.

Peer 2 Peer Learning: How to allow for children to share and develop their own ideas.