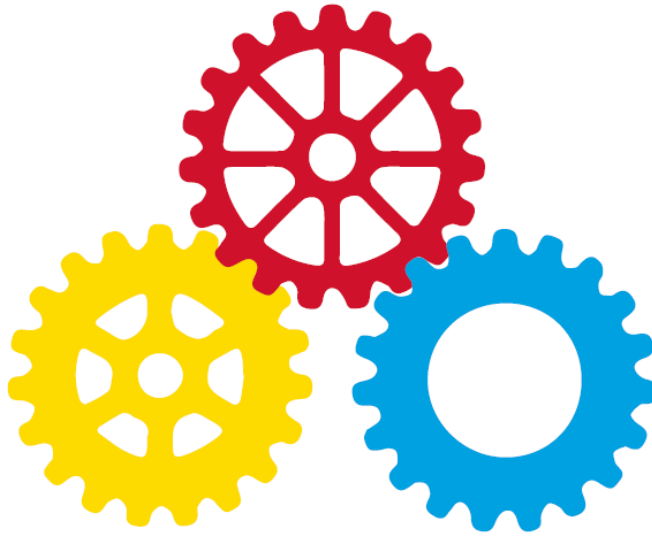


PE Policy



North Scarle Primary School

‘Choosing to be Successful’

Approved by:	Headteacher	Date: January 2025
Last reviewed:	January 2025	
Next review due by:	January 2028	

Our School Vision

As an **inclusive** primary school, we work towards unlocking the potential of ALL our children, regardless of their starting points and perceived limits, so they can be happy and become the most **successful** version of themselves.

We aim to achieve this by providing a safe, nurturing and **inspiring** learning environment that supports our children both physically and emotionally.

Our successes are built on shared values and high expectations, provided by an aspirational and **enriched** curriculum and a supportive community.

“Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.” (Herman Cain)

Our School Values

Happiness

Learn

Succeed

PE at North Scarle Primary School

It is our intent at North Scarle Primary School to provide pupils with a high-quality, **inclusive** PE curriculum which allows pupils to develop their knowledge, skills and understanding of a range of sports. We ensure that lessons are engaging, **inspiring and aspirational**. We want our children to build a positive relationship and attitude towards physical activity both in and outside of school and, have a secure understanding of the importance of a healthy lifestyle and being active.

Children need movement and activity now more than ever, and we want the children at our school to get more than the 2hrs a week offered by our curriculum. Time in our school is therefore **enriched** with: daily movement breaks; playtimes which encourage physical activity through equipment, playground markings, games, the trim trail and an outdoor gym; a brilliant outdoor space; sports day; charity events (The Wheely Big Challenge) and opportunities for ALL pupils to join in interschool sports and remote competitions and WOW days.

How is PE taught at North Scarle?

Through structured, expert-led activities, we enrich our curriculum, helping children stay active, build confidence, and develop essential life skills that promote happiness and well-being for life.

- 2 hours of PE a week – led by our expert Coach from Premier Education.
- 1 cycle runs the same every year, ensuring every child will have the opportunity to revisit and progress through PE skills/games each year (adapted to meet needs in Sept 25)
- Adapted classrooms to ensure weather does not prevent sessions from going ahead.
- Teachers model skills and ask questions throughout lessons to check children’s understanding and improve children’s performance.
- Opportunities for pupils to lead sessions/activities.
- Positive feedback is given throughout each lesson.
- Swimming lessons off site are provided for KS2 year groups. Swimming is additional to the core PE curriculum based on the needs of pupils but still ensuring all pupils by the end of Y6 can swim 25m
- Pupils are assessed weekly to ensure that clear progression is made, and all individual needs/abilities are met.
- Pupils have access to quality equipment for a variety of sports.
- Opportunities to participate in extra-curricular clubs.
- Pupils are encouraged and positively challenged.
- Encouraged to deal and overcome challenges.
- Opportunities to participate in inspirational, whole school sporting events occur throughout the year to help raise the profile of sport and the importance of being active.

What is our intended impact for PE?

By the time our Year 6 children leave for secondary school, we intend for them to have:

1. Engaged with increased confidence, knowledge and skills across a range of sports and physical activity
2. Recognised and reaped the benefits of a variety of sporting activities and opportunities, which has not only improved their physical health but their mental wellbeing
3. Experienced and enjoyed competitive sport at a variety of levels

Objectives

To meet these aims, we will:

- ✓ Ensure children participate in a range of activities to develop personal physical skills.
- ✓ Provide children with opportunities to work in a variety of situations, from individual work to teamwork, developing cooperation skills and achieving shared goals.
- ✓ Use funding to secure and deliver expert coaching to our pupils and high-quality training to our staff
- ✓ Deliver and provide a broad and balanced curriculum for all pupils, in line with the National Curriculum.
- ✓ Provide children with the opportunities to enjoy and succeed in PE in a safe, inclusive and stimulating learning environment.
- ✓ Make children aware of the changes that happen to their bodies during exercise and the overall benefits of this.
- ✓ Provide a range of extra-curricular activities developed from the children's interests.
- ✓ Regularly monitor and assess children's progress.
- ✓ Continue to work towards our School Games Mark.

Provision

Children will be provided with opportunities to become involved in physical activity throughout the school day. Each week the children will participate in 2 hours of PE. Sporting equipment is regularly checked and updated to ensure each staff member has the equipment and resources they need. Sporting equipment is provided at break and lunchtimes to facilitate and promote children's physical activity.

School Set up

This school is a one-form entry school running from Reception (Foundation Stage) to Year 6, therefore the following policy covers physical education across the age phases. North Scarle Primary School is currently made up of 3 classes: Class 1 – Reception and Year 1; Class 2 – Year 2 and 3; Class 3 – Year 4, Year 5 and 6.

Foul Weather

In the event of poor weather, outdoor P.E lessons may be moved indoors so long as the weekly required amount of Physical Education is provided. Lessons will be adjusted and adapted by the Coach, in communication with the Class Teacher and will either continue as a practical session (within the classroom limits) or may take a more theory-based focus. Each will continue to promote practical activity and the health and wellbeing benefits of being active.

Curriculum Organisation

PE is a foundation subject in the National Curriculum, which is used as a basis for curriculum planning. As required children will be taught Multi-Skills, Invasion Games, Gymnastics and Dance, Net/Wall, Striking and Fielding and Fundamentals (Fitness for EYFS and Athletics for KS1/KS2). Through the support of the Sports premium, school utilises the expertise of a well-regarded and nationally known sports provider, Premier Education, to aid planning, delivery and progress of our PE curriculum.

EYFS have the opportunity to participate in Balanceability in Autumn 1 and KS1 (year 2) and KS2 (year 3) will participate in Archery. In addition to this at Key Stage 2 they will also be taught swimming and complete a Bikeability workshop. The year 6 residential also allows a greater insight into outdoor and adventurous activities for all children.

The curriculum is planned in three phases; long term, medium term and short term. Long term plans are provided by the PE subject lead and based upon careful consideration and guidance from the expert team at Premier Education. Medium- and Short-term plans are provided through Premier Education – which is used throughout the

school. Though there are clear examples of differentiation throughout the provided PE plans, it is important that further differentiation is made to meet any other additional needs.

The activities offered to children seek to provide opportunities for creative teaching and learning for all abilities. A variety of teaching and learning styles will be adopted during PE lessons through use of whole-class teaching, group and individual activities. This ensures children are provided with the opportunities to work collaboratively and participate in competitive activities, including a Sports Day annually, teaching children to enjoy team games and compete fairly. Where appropriate, the PE co-ordinator will work with School Games (if applicable) and Premier Education along with local schools to organise extra sporting competitions. Teachers are encouraged to praise children's achievements, using positive reinforcement to encourage all children to achieve. Progression is monitored throughout the school through the analysis of assessments, pupil voice, teaching observations and discussions with staff regarding the PE curriculum.

Extra-Curricular Activities

The school aims to provide extra-curricular activities across the age phases comprising of competitive, non-competitive, structured and un-structured physical activities. Teachers as well as professional sports coaches from external agencies will run all extra-curricular activities. Premier Education currently provide both lunchtime and afterschool clubs. As a school, we encourage children to develop skills and participate in activities in which they are interested in, further promoting a healthy and active lifestyle in all children. Details of extra-curricular clubs will be sent out to parents at the start of each term. For the Foundation Stage and Year 1, clubs will promote a natural enthusiasm for movement and develop confidence in selecting and applying skills. In Year 2 and above, regular fixtures against local schools will be organised to foster a competitive, yet fair and supportive element in children to provide them with a truly rounded education.

Equal Opportunities and Inclusion

As a school, we believe that all children are entitled to equal opportunities through appropriately differentiated activities regardless of age, sex, ethnicity, ability or background (See Equal Opportunities Policy). Through our PE teaching we provide learning opportunities that enable all children to progress and achieve, seeking support and guidance from the SENCO where needed. Children who have been identified as gifted and talented are supported, where possible, in finding clubs and events that will nurture their further development.

Resources

There is a wide range of resources and equipment to support the teaching of PE across the school. PE resources are stored in a shed located across the playground. The shed is locked after each PE lesson and is regularly checked along with the quality of equipment. Sporting equipment is updated when necessary. The children are tasked with supporting the Coach to access and put away equipment, so that they are learning to handle it all safely. Across the school, children come into school in their PE kits when it is their class PE lesson. Parents are notified of any changes regarding days.

Health and Safety

All staff follow the guidelines set out in the school's Health and Safety policy. Staff are expected to provide a positive role model by wearing the appropriate clothing when teaching PE. All PE staff have been provided with

school logo tops and hoodies which represent the school colours. Children are expected to come into school wearing the school colours. This is explained in a letter which is sent out at the start of each academic year and is up to date on the school's website in the 'Uniform' section. New families are made aware of PE requirements when joining the school. Jewellery must be removed for all physical activities and long hair tied back. If earrings cannot be removed they must be covered by tape (upon agreement with the child's parents). We encourage children to consider their own safety and the safety of others at all times. During some specified activities it will be necessary for specialised equipment and/or clothing to be worn.

Assessment and Record Keeping

It is the responsibility of the member of staff delivering the session to keep a record of informal assessments of children through observations during lessons. Judgements are to be made against the learning objectives for the session. Observations can be supported with photographs when appropriate (particularly in the Foundation Stage). Children are to be formally assessed at the end of each unit/term using assessments which follow the National Curriculum. Premier Education coaches will be provide regular verbal feedback to the class teacher and PE lead and will be responsible for updating pupils assessments via the online portal, which is accessible to coaches, teachers and the PE lead. Formal assessments are to be monitored by the PE Lead. Children's attainment and progress is reported to parents annually as part of the child's individual report.

Monitoring and Evaluation

The role of the PE lead in schools involves collaboration in the production of checking planning, resources, children's engagement and in supporting their implementation across school. By supporting and monitoring colleagues in all aspects of physical education they can ensure pupils are benefitting from high standards of teaching and learning. This involves monitoring of teacher's professional development ensuring they receive sufficient, up-to-date training to sustain increasing confidence and effective teaching of physical education. The PE lead also has a responsibility over the management of equipment and resources in school and ensuring health and safety is maintained throughout the school. The lead will monitor levels of participation in physical activity and make appropriate adjustments where necessary. They will ensure that a wide range of extra-curricular activities are provided for all pupils. The PE Lead will evaluate the strengths and weaknesses of the subject across school on an annual basis and provide the head teacher with a summary report.